



# Baroda Nair Welfare Association

(Regd. No. F/856/Vadodara)

"Nair Bhavan" 102, Anjali Apartment, Opp. ONGC Main Gate, Makarpura Road, Vadodara-390009.

Tel : +91 265 2646415, email : gsbarodanairwelfareassn@gmail.com

www.bnwa.in



## ANNUAL SPORTS MEET

Dear Members

Baroda Nair Welfare Association has planned to conduct **ANNUAL SPORTS MEET** on **13-03-2022** at **LBG Club, Opp Pratham Upavan, Near Miraj Mall, Sunpharma Road**. The Reporting time will be from 8.00 am. All are requested to participate, co-operate and make the event a grand success.



For Baroda Nair Welfare Association

**MOHAN NAIR**  
PRESIDENT

**GOPAKUMAR**  
SECRETARY

**GANGADHARAN**  
CONVENOR

Rules and regulations :

1. There should be minimum of three entries for each items to conduct the competitions.
2. One person can participate in maximum of four individual items.
3. Rs. 30/- will be charged for each item per person. (Group item participants should pay individually)
4. For age limit, cut off date will be 28-02-2022
5. Last date for receiving entries is 10-03-2022
6. Entries can be submitted to the area executive committee members of BNWA
7. We will be accepting Spot Entry

For more details contact :  
**Vasudevan** - 9428007476  
**Prasad Menon** - 8511198750  
**Rajan Nair** - 9879611416  
**Nishant Pillai** - 9974063527

**Ravi Nair** - 9898711503  
**Babu Nair** - 9925214071  
**Jaykumar Nair** - 9898436564  
**Latish Panicker** - 8000435666



**BARODA NAIR WELFARE ASSOCIATION - ANNUAL SPORTS MEET**  
**VENUE : LBG Club, Opp Pratham Upavan, Near Miraj Mall, Sunpharma Road**  
**on 13-03-2022**

EVENTS	AGE GROUP																	
	1		2		3		4		5		6		7		8		9	
	up to 7		7+to 12		12+to 15		15+to 20		20+to 30		30+to 40		40+to 50		50+to 60		60 & Above	
	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F
50 Mtr. Race			■	■	■	■	■	■	■	■	■	■	■					
100 Mtr. Race	■	■																
200 Mtr. Race	■	■																
4 x 100 Mtr Relay	■	■	■	■	■	■												
Shot Put	■	■																
Discuss throw	■	■	■	■														
<b>Kabbaddi</b>	<b>Conducting only if more than 2 Teams</b>																	
Lemon Spoon Race					■		■		■		■		■		■		■	
Needle and thread						■		■		■		■		■		■		■
Bottle pick									■	■	■	■	■	■	■	■	■	■
Slow Bike Race	■	■	■	■	■	■	■	■										
Slow cycle race									■	■	■	■	■	■	■	■	■	■
Skipping race	■	■	■		■		■		■		■		■		■		■	■
Frog race			■	■	■	■	■	■	■	■	■	■	■	■	■	■	■	■
3 legged race	<b>Open For All (spot Entry)</b>																	
Tug of War																		
Musical chair																		
Javelin Throw	■	■	■	■														
	* Cycle and bike to be brought by Participants																	

**Baroda Nair Welfare Association (Regd.) - Annual Sports Meet : 2022**

(Please Enter Full Data)

AGE GROUP :

Name (In capital Letters) .....

Age (as on 28-2-2022) & DOB : .....

Father / Husband's Name : .....

Membership No.

Address : .....

Phone : ..... M. ....

I solemnly declare that the information furnished above are true to the best of my knowledge and belief. **Total Rs.** .....

Name ..... Signature .....

Signature of the Guardian ( in case of minor) .....